

## **Communication Strategies for People Styles at Work** **4 Hrs**

Based on the *People Styles at Work* Model, this dynamic training session will help participants understand the diverse communication styles that shape workplace interactions. By applying the key principles from the Communications Model, participants will enhance collaboration, reduce misunderstandings, and foster stronger, more productive relationships.

### **Course Topics Include:**

- Identifying your communication style through a personal assessment and discovering how it influences your behavior and interactions
- Recognizing the communication styles of others by understanding their unique behaviors, patterns, and reactions, especially under stress
- Comparing and contrasting the strengths, challenges, and needs of each communication style to improve your approach in professional settings
- Adapting your communication strategies to build rapport, minimize conflict, and collaborate more effectively across diverse teams

**ETI Instructor Dr. Barbara Sweet** is President/CEO of Learning Transfer Institute, a consulting, training and coaching firm focused on helping organizations create more positive, respectful, and inclusive workplaces. She is an accomplished speaker and author with over 20 years of HR executive experience.

**Course Cost: \$125.00**

#### **WHEN:**

**Monday  
July 7, 2025  
5:00 pm – 9:00 pm**

#### **WHERE:**

**Online, Remote,  
"Virtual Classroom,"  
Via Zoom**

**For more information or to register, please contact:  
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